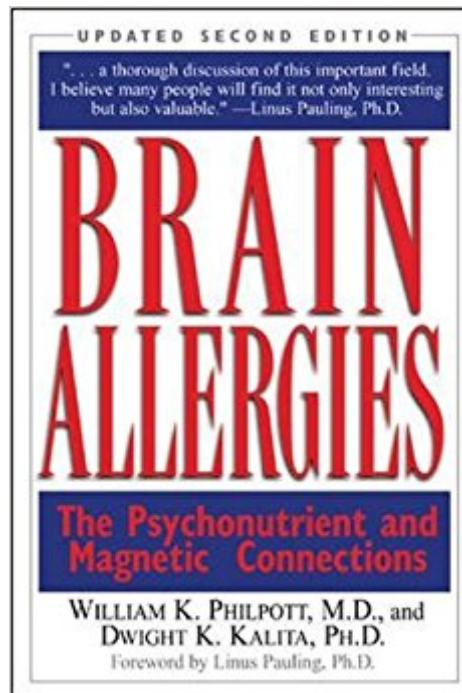




The book was found

Brain Allergies: The Psychonutrient And Magnetic Connections



Synopsis

This text contains a complete overview of the concept of brain allergies - the theory that exposure to certain foods and other substances triggers mental disorders in people so predisposed, and that such disorders can be cured by eliminating exposure to these substances.

Book Information

Paperback: 256 pages

Publisher: Keats Publishing; 2nd edition (April 1, 2000)

Language: English

ISBN-10: 0658003984

ISBN-13: 978-0658003981

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 29 customer reviews

Best Sellers Rank: #429,859 in Books (See Top 100 in Books) #82 in [Books > Health, Fitness & Dieting > Nutrition > Food Allergies](#) #147 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies](#) #14400 in [Books > Sports & Outdoors](#)

Customer Reviews

McGraw-Hill authors represent the leading experts in their fields and are dedicated to improving the lives, careers, and interests of readers worldwideMcGraw-Hill authors represent the leading experts in their fields and are dedicated to improving the lives, careers, and interests of readers worldwide

As a clinical nutritionist and Othomolectular Psychiatrist the past 33 years and a devout follower of Doctor William Philpott all of those years I can assure the reader this is 100% factual.. You will find nothing but factual medicine in this book probably ignored by mainstream psychiatrists and doctors of medicine. The book pays overdue attention to the "Gut-Brain Connection!

This was a life changing book for me I was going through so much medically. never feeling good , my body was becoming weaker and weaker as days went by. This book really helped me understand what a horrible effect certain foods can have on our bodies , I followed the advice on detoxing my body to find the source ...two months later I found out I was gluten and lactose intolerant . 100 % better now that I understand my body and the foods that were poisoning it, I really owe it all to this book for getting my health back.

Very interesting ideas, a lot of information on specific research. I am a strong believer in nutrition/diet effecting mental health and can really get behind a lot of the concepts in this book. I'm very open minded, but some of the claims still seem a bit extreme for me. So I'm having a hard time getting totally on board with everything discussed, but overall it is a great buy and a fantastically interesting read. It's written well, I'd recommend anyone working in mental health to add this to your personal library (or if you suffer from your own mental illness), it's good to have an understanding of multiple different ideas and concepts. And most importantly, it reinforces Hippocrates' statements regarding looking to nutrition/food as a treatment before turning to pharmaceuticals that could be harmful (first do no harm, it's at least worth a try).

This book was very helpful in explaining what was going on with my daughter's dairy allergy. Now I finally have some confirmation of what I have been observing and know what to do to help her. The bit about any food, not just carbohydrates causing diabetic reactions was very interesting and I'd recommend reading it to anyone suffering diabetes. Also, I've worked with the homeless mentally ill and wish the psychiatrists in the programs they are in would read this. These poor people are not responding to conventional medicine, and what these men wrote could be of invaluable help to them. The book also talks about a cure for tardive dyskinesia in two days using nutrients. More people should know about that. It was the first to really explain vitamin C therapy and how it works. I was glad to see Linus Pauling redeemed. After reading it I looked it up online and found a wealth of information, including a charity trying to give free vitamin C to people with HIV in South Africa. I guess a lot of other people believe in vitamin C, also! I almost put it down when I got to the part about using magnets to calm agitated people with mental illness, but was really glad I persevered, the rest of the book was well written and incredibly informative.

Is your child autistic? Are you ill and don't know why? I came across this book after reading Parallel Universe. This book brought on more questions on my road to finding out what was making me so sick. Coming back to this review I never had any idea on cell phone towers around my home, how many there are, how much EMF's they put out, (especially compared to other countries), who owns them, why they are not registered.....what they they can do to you. Sound bizarre? Check out cell phone tower radiation. Who regulates them is even more interesting.

I have not finished reading this book yet, but I have learned so much and am so much more hopeful

that there is help for my family member. It is a toxic world these days and those toxins can have severe consequences! Even simple virus infections in childhood can have profound consequences in older persons. An eye opener and a useful guide to helping heal psychoses

While the book is well written I gave it a four only because for the lay person it does not start with a clear understand of the contents. It's a scholarly book. Still haven't finished the last two chapters

Very helpful in understanding the impact of foods and its impact to our physical and emotional health.

[Download to continue reading...](#)

Brain Allergies: The Psychonutrient and Magnetic Connections Happy Brain: 35 Tips to a Happy Brain: How to Boost Your Oxytocin, Dopamine, Endorphins, and Serotonin (Brain Power, Brain Function, Boost Endorphins, Brain Science, Brain Exercise, Train Your Brain) Seashells i-Clip Magnetic Page Markers (Set of 8 Magnetic Bookmarks) Allergies: Fight Them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, Asthma and Related Conditions Allergies: Fight them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, ... Eat Right 4 Your Type Health Library) Food Allergies: The Complete Guide to Understanding and Relieving Your Food Allergies Hidden Food Allergies: The Essential Guide to Uncovering Hidden Food Allergies-and Achieving Permanent Relief Allergies At School: Ways to increase the safety and awareness of life-threatening food allergies at school Bundle: Physics for Scientists and Engineers: Foundations and Connections, Advance Edition, Loose-leaf Version + WebAssign Printed Access Card for ... and Connections, 1st Edition, Multi-Term The Hoofs and Guns of the Storm: Chicago's Civil War Connections (Great Lakes Connections: The Civil War) Caribbean Connections: The Dominican Republic (Caribbean Connections: Classroom Resources for Secondary Sch) Primate Brain Maps: Structure of the Macaque Brain: A Laboratory Guide with Original Brain Sections, Printed Atlas and Electronic Templates for Data and Schematics (including CD-ROM). Why Isn't My Brain Working?: A Revolutionary Understanding of Brain Decline and Effective Strategies to Recover Your Brain's Health Blood-Brain Barrier in Drug Discovery: Optimizing Brain Exposure of CNS Drugs and Minimizing Brain Side Effects for Peripheral Drugs Brain Games™ #1: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) 100+ Word Fill In Puzzle Book For Adults: The French Style Brain Teaser Crossword Puzzles With Fill In Words Puzzles for Total Brain Workout! (A Total Brain Workout Series) (Volume 1) Brain Games #3:

Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) Matter and Interactions,
Volume II: Electric and Magnetic Interactions Electronic, Magnetic, and Optical Materials, Second
Edition (Advanced Materials and Technologies) How to Learn & Memorize a Randomized Deck of
Playing Cards ... Using a Memory Palace and Image-Association System Specifically Designed for
Card Memorization Mastery (Magnetic Memory Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)